

Spit Tobacco: A Guide for Quitting

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Description: Delta Dental provides a quit guide for spit tobacco.

Source: NIH

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Product: [tobacco](#) [3]

Tags: [cessation](#) [4]

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Resource Type: [patient education materials](#) [8]

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Links:

[1] <https://www.sbirtraining.com/node/1690>

[2] <http://www.deltadentalma.com/your-oral-health/articles/spit-tobacco-a-guide-for-quitting/>

[3] <https://www.sbirtraining.com/category/product/tobacco>

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